PANAM OFFICIAL FREE-FALL PROGRESSION PROGRAMME

This document is to be given to, and explained to, student during first freefall briefing. It then forms part of student's logbook. To be inspected before every jump until completed.

TEST	REQUIREMENT		EXIT HEIGHT (Ft. AGL)		BRIEFED BY: Name and rating number.	Date of briefing:	Instructor's Signature and rating number certifying Test passed.	Student's jump number
			Min.	Max.				
1	3 sec stable delay **(first freefall) to be briefed by Instructor**		3500	4500				
2	5 sec stable delay		3500	4500				
3	10 sec stable delay with **box** position – jump 1		4500	5000				
4	10 sec stable delay with **box** position – jump 2		4500	5000				
5	15 sec stable delay with box position- on heading		5000	6000				
6	15 sec count with **altimeter**/altitude awareness		5000	6000				
7	20 sec poised exit & altimeter	Introduce Wave-off	6000	7000				
8	20 sec unpoised exit & altimeter	Wave-off	6000	7000				
9	180 degree **turns**: Both directions	Wave-off	6000	11000				
10	360 degree turns: Both directions	Wave-off	6000	11000				
11	2 x **Backloops** on a single jump	Wave-off	8000	11000				
12	Full series **test** (max. 25 sec from exit)	Wave-off	8000	11000				
13	**Delta** in 2 directions	Wave-off	7000	11000				
14	Delta & Turn	Wave-off	7000	11000				
15	Delta & **Track**	Wave-off	7000	11000				
16	**Spin** in 1 direction (5 sec)	Wave-off	7000	11000				
Student is now a Graduate and must complete the Intermediate Skills Programme before progressing via a recognised discipline's category programme in order to obtain further licences. See Form 15.								
Packing Instruction administered at DZ level								
Category II and III As per chosen discipline (See PANAM MOPs and form 15)								

Student's name _____

Date programme commenced: _____   Jump No: _____

Date Programme completed: _____   Jump No: _____

CI's Signature on completion: _____

NB:

1. On all jumps the <u>minimum</u> opening altitude is 3000ft. **i.e Wave off at 3500, then pull sequence.**
2. Student to use equipment fitted with AAD on all jumps above.
3. A student on this programme may only perform jumps on the programme for which he/she has specifically been cleared and briefed. He/she may repeat previously successfully completed jumps with CI's clearance.